**Rivera ECHS**

**Health Syllabus**

**2022-2023**

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| **Teacher:** | **J. Lucio** |  | **Conference Time:**  | **3rd Period** |
| **Email:** | **jllucio@bisd.us** |  | **Phone Number:** |  |
| **Room:**  | **P13** |  |  |  |

**Textbook:** Lifetime Health (Holt)

**Course Description:** This course is designed to assist students in obtaining accurate information, developing lifelong positive attitudes and behaviors, and making wise decisions related to their personal health.  Study will include personal and community health; mental, emotional, and social health; injury prevention and safety; nutrition and physical activity; alcohol, tobacco, and other drugs; growth, development. Central themes are the acceptance of personal responsibility for lifelong health, respect for and promotion of the health of others, an understanding of the process of growth and development, and informed use of health-related information, products, and services.

**Scope and Sequence/Course Outline:**

Chapter 1: Leading a Healthy Life

Chapter 6: Physical Fitness for life

Chapter 7: Nutrition for life

Chapter 8: Weight Management and eating Behaviors

Chapter 16: Adolescence and Adulthood

Chapter 18: Reproduction, Pregnancy and Development

Chapter 20: Risk of Adolescent Sexual Activity

Chapter 21: HIV and AIDS

Chapter 12: Illegal Drugs/Tobacco/Alcohol

Chapter 5: Preventing Violence and Abuse

Chapter 19: Building Responsible Relationships

Chapter 17: Marriage, Parenthood and Families

**Subject Supplies:**

1. Holt-Lifetime Health Book
2. Pocket folder with brackets
3. Maintain an organized interactive notebook containing: class notes, vocabulary, daily work, quizzes/test, projects
4. Pen (Blue or Black and one Red Pen) or Pencil/Paper
5. Dividers (5)
6. Composition Book

**BISD Grading Policy:**

The grading scale is as follows: 90-100% A , 80- 89% B, 70-79% C, 0-69% F

GRADING POLICY IS SET FORTH BY THE BISD SCHOOL BOARD OF TRUSTEES.

**Homework Policy:**

-Homework must be turned in when requested, late work will be penalized. If student is absent, homework will be turned in on the following day the student returns to school. Students are responsible to make up and turn in any missed assignments when absent

**Make-Up Work & Test:**

Make-up test will be given on the following day the student returns to school after being absent

**Retesting:**

Re-test will be given as needed according to the individual students’ needs or/and situation. A student and teacher conference will be required when needing a re-test.

**Class/Team Rules:**

1. Be on time.
2. Be prepared (school supplies, planner and assignments).
3. Respect others and property.
4. Food, gum and drinks are prohibited.
5. Electronics are **STRICTLY** prohibited.

**Severe Infraction: Referral to administration**

In addition to class rules, students are expected to abide by campus rules, in particular, the dress code. Failure to abide by classroom and/or campus rules will result in consequences that range from a warning to parent/teacher conferencing and ultimately referral to administration.

**Tardy Policy: (Example)**

 1st Violation- Verbal Warning

 2nd Violation- Verbal Warning/ Code on Teacher Access Center

 3rd Violation- Code on Teacher Access Center/ Call Parents

 4th Violation- Code on Teacher Access Center/ Parents Conference

 5th Violation- Issue Referral with proper documentation

**Remote Learning:**

**1. We will be using google classroom for our remote learning platform.**

**2. Student are expected to log in daily and make contact with teacher through google classroom following our schools bell schedule. (Block A/B Format)**

**3. Student are expected to complete all assignment.**

**Please sign and return this sheet with your son/daughter**

I have read and discussed the above information with my son/daughter. We understand that consequences are in place should my son/daughter make the choice to break any of the classroom and/or campus rules (including dress code). Furthermore, I, the parent/guardian understand that I may e-mail [Teacher Name] any time I have a question about my son’s/daughter’s progress.

Student Printed Name ID# Period

Student Signature Date

Parent/Guardian Printed Name

Parent/Guardian Signature Date

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 Home # Cell # Work# Email